

February 11th, 2025



the bird's • eye

Connecting Quadra Since 2000

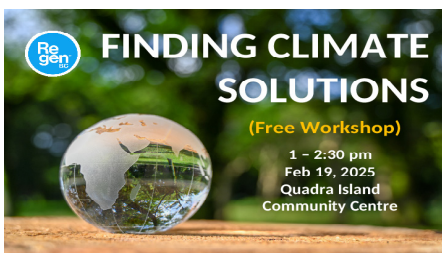
Free Climate Solutions Workshop

Bomb Cyclone? Really?! As extreme storms, droughts, flooding, and forest fires have made climate change deeply personal in BC over the past five years, an increasing number of people are experiencing climate anxiety. The climate crisis can feel too big to stop or even mitigate, but over 200 international scientific researchers say it is possible. Solutions already exist to counter this crisis, based on the work of **Project Drawdown** and **Project Regeneration**. **Hope lies in implementing these actions.**

Did you know that two of the most powerful climate solutions happen **in our kitchens** rather than in the cars we drive? Would changing cooking methods in a distant country actually make a difference? Do we really need to talk about this?

Finding Climate Solutions is a **fast-paced, interactive 1.5-hour workshop** where these and other key questions will be explored. **ICAN** and the newly formed **Quadra Island Land Trust Society** are jointly hosting this workshop on **February 19, 1:00–2:30 PM** in **Room #3 at the Quadra Island Community Centre** (following Community lunch). The workshop is presented by **Regenerate BC**, a registered nonprofit society dedicated to climate change education.

A more in-depth **five-week course** will be available (for those age-eligible) through **Campbell River Elder College** in **March 2025**.



Island Group Launches Community Food Co-Op

When the for-sale sign went up at The Island Pantry last fall many loyal customers urged Owner, Deb Banta to consider the idea of a co-op store.

Out of those initial meetings in the fall, two groups emerged. One group focused on a measured, inquiring approach. Their goal is to learn more about co-operatives and how they can benefit the Quadra community. The “Co-op Curious” group is actively planning and providing a series of informational events and meetings in February and March.

The other group decided to dive into a plan to establish a retail food member-owned co-operative. Recently, they formed a Steering Committee to initiate the Quadra Island Community Co-operative using the Quadra Island Pantry as a starting point. The Steering Committee, consisting of Bruce and Deb Banta, Wendy Porter and Mike Gladish would welcome a few more people to take on organizing roles on the steering committee. The Steering Committee will serve as the Board of Directors for the first year of operation and then elections will be held in subsequent years.

The committee is currently planning a community information session to be held on March 29 at the Community Rec Centre from 10am to 2pm. By that time the Steering Committee will be able to provide more information regarding membership fees and investment opportunities. They will also solicit feedback regarding products and services that Quadra Islanders would like to see at the store.

The current product line will continue to be offered. A survey will soon be underway to determine the products that would entice islanders to shop locally.

A co-operative should mean that prices and product offerings will make membership attractive. The main goal of the Quadra Island Community Retail Co-operative will continue to focus on ‘simply providing affordable wholesome food with environmental integrity’. In addition, the Community Retail Co-operative will work towards food security and supporting Quadra producers.

Cortes, Sayward and Tofino are three examples of communities with co-operative grocery retail stores with a proven track record.

Meanwhile, Quadra Islanders are welcome to drop by the Island Pantry to express support or provide ideas for products and services – or contact the Steering Committee by email at qipantrycoop@gmail.com

Mike Gladish, Quadra Island Community Co-operative, Steering Committee



Take Peak Saver Challenges

BC Hydro is offering a winter rebate program called Peak Savers, which allows users to earn money back on their bills for using less electricity during brief periods of high demand. The program typically runs 15- to 20 peak events per challenge season, each one lasting one to four hours until March 31st, 2025. By taking part, participants are not only eligible to earn rewards but also help reduce strain on the community's electrical systems.

How Peak Saver Challenges Work:

- **Alert:** You will receive an email/text with the date and time of the next peak event, including the challenge reduction target and potential reward. For example, reduce by 20% to earn \$3
- **Shift or Reduce:** Shift high-energy activities to before or after the event and reduce your electricity use during the event.
- **Reward:** Earn a reward if you meet the challenge target

You can participate in as many or as few challenges as you'd like, with no penalty for not succeeding.

Smart Home Device Enrollment:

If you have smart home devices enrolled in peak saver BC Hydro can adjust them remotely during times of high electricity demand (with your approval).

- Each enrolled device is eligible for a \$50 reward.
- You can opt out at any time, and you'll maintain full override control of enrolled devices.
- However, if you opt out of more than 50% of events in a season, you may not be eligible for the reward.

For more information visit:
[BC Hydro Peak Saver Program](#)

For more everyday tips, check out:
[BC Hydro Tips & Technologies](#)



Home Energy Workshop

Ecotrust Canada is a registered charity that works with rural and remote communities. We are now offering our free Home Energy Savings Program to Denman and Hornby residents. The program removes some of the barriers that many rural residents face when making energy-saving home renovations. We give personalized, one-on-one support for households to qualify for provincial rebates and find contractors, so that rural households can save on their energy bills and improve the comfort of their home.

Visit the [Ecotrust Canada](#) website for more information.



HOME ENERGY WORKSHOP ON QUADRA ISLAND

Join **Ecotrust Canada** at our upcoming **workshop**



How to access up to \$44,900 in provincial rebates for insulation upgrades, windows, doors, and heat pumps



Ecotrust Canada's free, 1-on-1 service that helps you get the rebates, contractors, and planning support for a smooth and affordable energy renovation



DIY solutions to make your home more comfortable and reduce your energy bills



SNACKS and DOOR PRIZES



February 17 hosted at the
2:00 pm & 6:30 pm Quadra Community Centre



www.HomeEnergySavingsProgram.ca

Galentine's Getaway
FEB 12 & 13, 2025

Celebrating friendships with a special Galentine's package!

What's included: A two night stay for your group of 3-6 gals (& pals) in a cabin or suite, dining vouchers, a fabulous brunch, relaxation with morning yoga & an evening sound bath, & fun activities! All for only \$249/person + taxes (\$50/person donated to NISHS)

Details: www.heriotbayinn.com/galentines-getaway | info@heriotbayinn.com

were cooking! HBI Pub open 12pm-late; 7 days/week
Kitchen serving 12-7pm Call 250.285.3322 for takeout!

Heriot Bay Inn
a beautiful place to spend time

Appliance Care Tips from Johann at Q Cove Appliance Repair 3DD

Storm Season & Appliance Protection

Winter storms often bring power outages, and when power is restored, a voltage surge can damage appliance control boards. Prevent this by using surge protectors or installing a whole-house surge protector with the help of a local electrician.

Fridge Maintenance for Efficiency

Cleaning the condenser coil (usually at the bottom of your fridge) once a year helps save electricity and reduces strain on the compressor. Simply unplug the fridge, remove the panels, and vacuum the dust—especially important for pet owners.

Dryer Safety Tip

Skip dryer sheets—they leave chemical residue that clogs filters and ducts, leading to overheating and breakdowns. Use wool dryer balls with essential oils for a natural alternative.

Washing Machine Care

Avoid overloading and use less detergent to reduce part corrosion and extend lifespan. Follow your user manual—modern machines are less durable, so gentle use prevents damage.



Final Thought: Repair Before You Replace

Many appliance issues can be avoided with simple maintenance or the right use of the appliance. Sometimes there are only minor repairs to get the machine working again. Regular upkeep helps avoid premature breakdowns, extends the lifespan of your machines and reduces waste, this is good for both your wallet and the environment. If your appliances stop working, don't assume that it is a lost cause - professional repair can often get it running again. If you ever need advice feel free to reach out via email at jopeich@gmail.com!

Call for Community Submissions!

The Bird's Eye thrives on the voices of Quadra Island!

We welcome community submissions, including news, events, stories, poetry, opinion pieces, and photos. Have something to share?

Send your submissions to: quadrabirdseye@gmail.com and be part of the conversation.

Deadline is each Sunday at 5pm.

Let's keep our island connected—our story at a time!



Crafting Social
B.Y.O Crafts
February 22 1-3PM
at the Quadra Library
All identities and allies welcome
Masks encouraged (extras available)
Wheelchair accessible

FUTURE THRIFT STORE SEEKING COMMUNITY FEEDBACK

Hello, islanders! Is Quadra ready for a thrift store? We think so! As three life-long Quadrites, we are excited to create a community space for locals to donate their used belongings, shop affordably and conveniently, and raise funds for local initiatives, all while minimizing our environmental footprint. To help us determine how a thrift store could best serve our community, we eagerly invite you to complete our **survey at www.quadraislandthrift.ca before March 7th, 2025**. We are so grateful for your engagement and very much look forward to reading and considering your feedback. Follow along with us on Facebook at Quadra Island Thrift, and on Instagram @quadraislandthrift.



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SOUTH QUADRA ISLAND FIRE PROTECTION DISTRICT

Notice of Alternative Approval Process

Heriot Bay Fire Hall #2 Construction Project

The Trustees of the South Quadra Island Fire Protection District are seeking the approval of the property owners in the District through an Alternative Approval Process (AAP) to adopt a loan authorization bylaw. The purpose of the bylaw is to borrow funds for construction of a new Fire Hall #2 for the Quadra Island Fire Department on property owned by the South Quadra Island Fire Protection District at 1525 West Road in Heriot Bay.

The South Quadra Island Fire Protection District proposes to borrow funds from RBC for construction and to convert that borrowing to a loan through the BC Surveyor of Taxes when the new Fire Hall is completed. The amount to be borrowed is up to \$2.9 million. The estimated yearly cost of the borrowing to each property is \$23.50 per \$100,000 of assessed property value, to be paid through taxation, and the term of the loan will be up to 20 years.

The new Fire Hall #2 in Heriot Bay will replace the current hall, which was built in 1970 on leased property. When construction is complete, the Quadra Island Fire Department will have a Fire Hall in Heriot Bay that is compliant with current building codes and meets the needs of a modern Fire Department serving a growing population (currently numbering approximately 2,700).

The Trustees of the South Quadra Island Fire Protection District will commit to borrowing the money through the adoption of "Hall #2 Construction Borrowing Bylaw" unless by Thursday, March 27, 2025 at 12:00 midnight at least 10 per cent (167) of the eligible voters in the South Quadra Island Fire Protection District indicate their opposition to the borrowing by signing an Owner Response Form. The Alternative Approval Process applies to the entire area within the boundaries of the South Quadra Island Fire Protection District.

For the purpose of conducting this AAP, the number of eligible electors is determined to be 1668. If at least 10% (167) or more electors return signed Owner Response Forms by the deadline, the bylaw cannot be adopted without approval of the landowners through a referendum or a vote at a Special General Meeting.

An informational letter is being mailed to registered property owners in the District. An information package is available at www.qifirehall2.ca and at Fire Hall #1 at 844 Heriot Bay Road in Quathiaski Cove. Starting on February 20, 2025, Owner Response Forms can be requested via email to qifirehallreplacement@gmail.com or downloaded from www.qifirehall2.ca. The Forms will also be available at Fire Hall #1. Fire Hall #1 is open between 9:00 am and 3:00 pm, Monday to Thursday (unless staff are responding to an emergency).

The only Owner Response Form that will be accepted by the South Quadra Island Fire Protection District is the one provided by the District, or an accurate copy of the form. A legible scan or photograph of the form is also acceptable.

Deadline: Completed and signed Owner Response Forms must be received by the Returning Officer by 12:00 midnight on Thursday, March 27, 2025.

Forms may be submitted:

BY MAIL to J. Winter, PO Box 21082, Duncan RPO Duncan Village, Duncan, BC V9L 0C2 OR

BY EMAIL to QuadraAAPresponse@gmail.com.

In accordance with the South Quadra Island Fire Protection District Letters Patent as amended from time to time, you are eligible to submit an Owner Response Form if you are: a Canadian citizen; and, age 18 or older on the day of submission; and, an owner of property in the South Quadra Island Fire Protection District; and, qualified to be registered as a voter in British Columbia; or, the authorized agent of any board or corporation that is an owner of land in the District; or, the legal representative of any owner of land in the South Quadra Island Fire Protection District who has died, become insolvent or is incapacitated and who is qualified to be registered as a voter in British Columbia.

Only those people who own property or are legal representatives of property owners in the South Quadra Island Fire Protection District may submit an Owner Response Form. No person may submit more than one Owner Response Form.

This is the first of two notices to be published in *the Bird's Eye*.

Joanna Winter

Returning Officer, South Quadra Island Fire Protection District



Liquor Department Specials

February 12 - March 4, 2025

**\$5
OFF**



**Gibson's Finest
Canadian
Whisky**
750ml

\$31.99 plus deposit

**\$3
OFF**



**Absolut
Vodka**
750ml

\$26.79 plus deposit

**\$3
OFF**



**Blackfly vodka
crushed mixer
pack**
12 x 355ml

\$24.79 plus deposit

**GREAT
PRICE!**



**Yellow Tail
Shiraz,
Chardonnay
or Pinot Grigio**
750ml

\$11.99 plus deposit

**UP TO
\$5
OFF**



**Kokanee or
Coors Light**
15 pack
15 x 355ml

\$27.89 plus deposit

HERIOT BAY AND QUATHIASKI
COVE LOCATION ONLY

ICAN IN ACTION:

CELEBRATING 5 YEARS OF COMMUNITY ACTION
& THE PEOPLE BEHIND IT!

APPRECIATION LUNCHEON

SATURDAY, MARCH 1 | QUADRA COMMUNITY
CENTRE
11:30AM - 2:30PM

EVERYONE IS INVITED!

JOIN US FOR AN AFTERNOON OF FOOD, FUN, AND CELEBRATING
THE AMAZING PEOPLE WHO MAKE ICAN POSSIBLE!

WHAT TO EXPECT:

A WARM HEARTY MEAL
GAMES & PRIZES

ICAN UPDATES: CELEBRATING 5 YEARS OF COMMUNITY ACTION
&
A FASCINATING PRESENTATION BY LUNABELLE LOISEAU-
TREMBLAY, BSC BIOLOGY ON LOCAL PLANTS & POLLINATORS!

ICAN MEMBERS: JOIN US AT 11:30AM FOR A GENERAL MEETING
PUBLIC LUNCHEON BEGINS AT NOON
FOLLOWED BY LIVELY PRESENTATIONS!

CURIOUS ABOUT ICAN? JOIN US FOR A MEAL, CONNECT, AND
LEARN HOW WE'RE MAKING A DIFFERENCE TOGETHER!

RSVP NOT REQUIRED, BUT
APPRECIATED FOR FOOD PLANNING:
→ [BIT.LY/ICAN-RSVP](https://bit.ly/ican-rsvp)

QUESTIONS? CONTACT:
QUADRAICANSOCIETY@GMAIL.COM

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*Prices in effect Date: Feb 12th-18th, 2025

MEAT

AAA Canadian Striploin Steak

\$17.99
LB 39.66 kg



Island Farmhouse Whole Frying Chickens

\$3.99
LB 8.80 kg



Lou's Pork Back Ribs

610g

\$13.99
EA assorted varieties



PRODUCE

B.C. Ambrosia Apples

\$1.49
3.28 kg



Mexican Avocados

4/bag

\$3.99
EA



B.C. Cello Nante Carrots

3lb bag

\$2.99
EA



B.C. Red or Yellow Potatoes

5lb bag

\$3.99
EA



DELI

Grimm's Honey Ham

\$1.89
/100g



Arbutus Greek Pasta Salad

\$1.99
/100g



Natural Pastures Comox Brie or Camembert

113g log

\$4.99
/100g



Garlic Bread

made in store

\$3.99
EA



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- Good for sustainability.
- Good for us all.

Grocery

Fernwood Organic Fair Trade Coffee

454g

\$12.99
EA

assorted varieties



Island Farms Premium Ice Cream

1.65 l

\$6.49
EA

assorted varieties



Northern Gold Granola

630-675g

\$3.49
EA

assorted varieties



Hawkins Cheezies

210g

2/\$6.00



Olympic Organic Yogurt

650 g

\$4.99
EA

assorted varieties



Island Farms Whipping Cream

473ml

\$3.49
EA

assorted varieties



Dare Econo Cookies

280g

2/\$5.00

assorted varieties



Old Dutch Arrriba or Restaurant Style Tortilla Chips

245-295g

\$3.99
EA

assorted varieties



Island Farms Sour Cream

500ml

\$3.29
EA

assorted varieties



Unico Canned Tomatoes

796ml

2/\$4.00

assorted varieties



Dempster's Tortillas

10 inch

\$3.99
EA

assorted varieties



Daiya Dairy Free Cheezecake

frozen 400g

\$5.99
EA

assorted varieties



Camino Organic Chocolate Bars

100g

\$5.99
EA

assorted varieties



Natural Bakery Canadian Rye Bread

500g

\$3.49
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assorted varieties



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1536 Heriot Bay Road
Phone 250-285-2436

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