

February 19th, 2025



the bird's • eye

Connecting Quadra Since 2000

Annual Quadra Island Seed Swap

The Quadra Island Seed Swap is a long-running, community-organized event operating on a shoestring budget, made possible by the generosity of local residents and seed companies that donate seeds and informational materials. Our goals are to provide equitable access to seeds and knowledge, with a strong focus on fostering the exchange of ideas that naturally occurs when gardeners gather together.

We emphasize local seed strains, heritage plants, seed-saving knowledge, wild plants, pollinators, and local food resilience.

Join us on March 30th from 11 a.m. to 3 p.m. at the Quadra Community Centre for the annual island seed swap. Please package seeds in advance as much as possible. A seed packaging day will be announced for early March, where you can bring seeds, envelopes (tea packaging works wonderfully), and your helping hands to assist with packaging your seeds and those of others.

We welcome volunteers to help with soliciting seed donations, organizing seed packaging, and assisting with event setup and takedown. This year, we are particularly emphasizing Quadra seed strains and wildflowers.

We look forward to seeing you there!

Death Education Fair

Sunday, March 2, 2025
1:00 to 4:00 pm
Quadra Island Community Centre

Browse information tables related to aging, death, dying and grief

Presentations by:
Sally Houghton, Notary Public
Quadra Island Cemetery
Community-Led Death Care Team
Compassionate Communities

Conscious Choices for End-of-Life

CHIMNEY SERVICES

Experienced chimney services; sweeps, installations, repairs, WETT inspections.
Call Gabe at Tiptop Ventures at 250-204-5228.

Future Thrift Store Seeking Community Feedback

Hello, Islanders!
Is Quadra ready for a thrift store?
We think so!

As three life-long Quadrites, we are excited to create a community space for locals to donate their used belongings, shop affordably and conveniently, and raise funds for local initiatives, all while minimizing our environmental footprint.

To help us determine how a thrift store could best serve our community, we eagerly invite you to complete our **survey at www.quadraislandthrift.ca before March 7th, 2025.**



We are so grateful for your engagement and very much look forward to reading and considering your feedback.

Follow along with us on Facebook at Quadra Island Thrift, and on Instagram @quadraislandthrift.

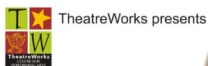


CLASSIFIEDS

Way to Go

Join us on **Sunday, Feb. 23 at 3 pm, Quadra Community Centre** Rm. 3, for a time of sharing, presentation on MAiD by Dr. Hughes, discussion, and business.
Bring \$2 for rental.
Zoom link at way2go.ca.
Info: 285-3298. Coming: Death Education Fair Sun. Mar. 2, 1-4pm, meetings Mar. 17 & Apr. 14.

A Generation of Women



TheatreWorks presents

A Generation of Women



March 8th - 7:30 pm
Abby Studio, Cumberland

March 9th - 2:00 pm
The Legion, Quadra Island



Tickets \$20 at the door
or reservations at theatreworks@shaw.ca
More info 250 792-2031

On stage **Sunday, March 9th** (International Women's Day) at the **Quadra Legion** the

Theatre-works Centre for Performing Arts will present 'A Generation of Women.'

This one-woman show by well-known actor, writer, and director, Kymme Patrick, is a proud story of strength and resilience. It features the humorous and insightful stories of five generations of women who helped shape our community with their dreams. Show time: 2:00 pm, tickets \$20 at the door, reservations recommended at theatreworks@shaw.ca.

For more information call 250 792-2031.

Death Education Fair - Way to Go

For many, conversations about death remain uncomfortable, often avoided until we have no choice but to face them. Yet, understanding the end of life—just as we do birth, growth, and change—can provide clarity, reduce fear, and help us make informed choices that align with our values.

Join Way To Go for a Death Education Fair on Sunday, March 2nd, from 1:00 – 4:00 pm at the Quadra Community Centre. This event offers a welcoming space to explore topics of aging, death, dying, and grief with openness and curiosity. Our goal is to expand awareness, foster comfort with these important conversations, and highlight local, natural, and community-centered approaches to end-of-life care.

The Fair will feature informational tables covering topics such as estate and personal planning, community-led death care, natural burial, caskets and shrouds, Threshold Choir, hospice, grief and loss, MAiD, and more. Attendees are encouraged to browse at their own pace, ask questions, and engage with knowledgeable members of their own community who can offer guidance and insight.

You are invited to bring a picture or memento to place on the "In Remembrance" table. In this way, you can acknowledge your grief for those you miss, and show your gratitude for how their lives have touched yours.

In the Green Room, relax in the Death Cafe and engage in guided conversation while enjoying tea and cookies.

In the Yoga Room, we'll have four scheduled 20-minute presentations on: Compassionate Communities, Estate and Personal Planning, Community-Led Death Care, and the Quadra Island Cemetery.

The result of living in a society that is shy to talk about death is that our knowledge about what is possible is often narrow and limited. Hearing words like hospice, palliative, and death can paralyze us. While we still have the capacity to explore and the time to ponder, let us acknowledge our mortality and empower ourselves with knowledge.

The Death Education Fair is an opportunity to learn, expand, reflect, and connect in a relaxed environment. Whether you're planning ahead, supporting a loved one, or simply curious, we look forward to seeing you on March 2nd at the Quadra Community Centre.

Way To Go strives to integrate death as part of life by initiating conversations, providing education, and encouraging people to prepare for end-of-life. We also empower, guide, and support the practice and process of caring for our own dead and dying, in community. Visit our website, way2go.ca to view upcoming events, read previously written articles, and join our email list.

Written by Margaret Verschuur.

Free Climate Solutions Workshop

Bomb Cyclone? Really?! As extreme storms, droughts, flooding, and forest fires have made climate change deeply personal in BC over the past five years, an increasing number of people are experiencing climate anxiety. The climate crisis can feel too big to stop or even mitigate, but over 200 international scientific researchers say it is possible. Solutions already exist to counter this crisis, based on the work of **Project Drawdown** and **Project Regeneration**. **Hope lies in implementing these actions.**

Did you know that two of the most powerful climate solutions happen **in our kitchens** rather than in the cars we drive? Would changing cooking methods in a distant country actually make a difference? Do we really need to talk about this?

Finding Climate Solutions is a **fast-paced, interactive 1.5-hour workshop** where these and other key questions will be explored. **ICAN** and the newly formed **Quadra Island Land Trust Society** are jointly hosting this workshop on **February 19, 1:00–2:30 PM** in **Room #3 at the Quadra Island Community Centre** (following Community lunch). The workshop is presented by **Regenerate BC**, a registered nonprofit society dedicated to climate change education.

A more in-depth **five-week course** will be available (for those age-eligible) through **Campbell River Elder College** in **March 2025**.

SOUTH QUADRA ISLAND FIRE PROTECTION DISTRICT



Notice of Alternative Approval Process Heriot Bay Fire Hall #2 Construction Project

The Trustees of the South Quadra Island Fire Protection District are seeking the approval of the property owners in the District through an Alternative Approval Process (AAP) to adopt a loan authorization bylaw. The purpose of the bylaw is to borrow funds for construction of a new Fire Hall #2 for the Quadra Island Fire Department on property owned by the South Quadra Island Fire Protection District at 1525 West Road in Heriot Bay.

The South Quadra Island Fire Protection District proposes to borrow funds from RBC for construction and to convert that borrowing to a loan through the BC Surveyor of Taxes when the new Fire Hall is completed. The amount to be borrowed is up to \$2.9 million. The estimated yearly cost of the borrowing to each property is \$23.50 per \$100,000 of assessed property value, to be paid through taxation, and the term of the loan will be up to 20 years.

The new Fire Hall #2 in Heriot Bay will replace the current hall, which was built in 1970 on leased property. When construction is complete, the Quadra Island Fire Department will have a Fire Hall in Heriot Bay that is compliant with current building codes and meets the needs of a modern Fire Department serving a growing population (currently numbering approximately 2,700).

The Trustees of the South Quadra Island Fire Protection District will commit to borrowing the money through the adoption of "Hall #2 Construction Borrowing Bylaw" unless by Thursday, March 27, 2025 at 12:00 midnight at least 10 per cent (167) of the eligible voters in the South Quadra Island Fire Protection District indicate their opposition to the borrowing by signing an Owner Response Form. The Alternative Approval Process applies to the entire area within the boundaries of the South Quadra Island Fire Protection District.

For the purpose of conducting this AAP, the number of eligible electors is determined to be 1668. If at least 10% (167) or more electors return signed Owner Response Forms by the deadline, the bylaw cannot be adopted without approval of the landowners through a referendum or a vote at a Special General Meeting.

An informational letter is being mailed to registered property owners in the District. An information package is available at www.qifirehall2.ca and at Fire Hall #1 at 844 Heriot Bay Road in Quathiaski Cove. Starting on February 20, 2025, Owner Response Forms can be requested via email to qifirehallreplacement@gmail.com or downloaded from www.qifirehall2.ca. The Forms will also be available at Fire Hall #1. Fire Hall #1 is open between 9:00 am and 3:00 pm, Monday to Thursday (unless staff are responding to an emergency).

The only Owner Response Form that will be accepted by the South Quadra Island Fire Protection District is the one provided by the District, or an accurate copy of the form. A legible scan or photograph of the form is also acceptable.

Deadline: Completed and signed Owner Response Forms must be received by the Returning Officer by 12:00 midnight on Thursday, March 27, 2025.

Forms may be submitted:

BY MAIL to J. Winter, PO Box 21082, Duncan RPO Duncan Village, Duncan, BC V9L 0C2 OR

BY EMAIL to QuadraAAPresponse@gmail.com.

In accordance with the South Quadra Island Fire Protection District Letters Patent as amended from time to time, you are eligible to submit an Owner Response Form if you are: a Canadian citizen; and, age 18 or older on the day of submission; and, an owner of property in the South Quadra Island Fire Protection District; and, qualified to be registered as a voter in British Columbia; or, the authorized agent of any board or corporation that is an owner of land in the District; or, the legal representative of any owner of land in the South Quadra Island Fire Protection District who has died, become insolvent or is incapacitated and who is qualified to be registered as a voter in British Columbia.

Only those people who own property or are legal representatives of property owners in the South Quadra Island Fire Protection District may submit an Owner Response Form. No person may submit more than one Owner Response Form.

This is the second of two notices to be published in the Bird's Eye.

Joanna Winter

Returning Officer, South Quadra Island Fire Protection District



Oceans Day Beach Clean-Up

"Seas the day, help us keep our beaches clean"

The Comox Strathcona Waste Management (CSWM) service and the Quadra Island Beach Clean Dream Team are hosting a beach clean-up event for residents who have collected beach debris.

Volunteer for the weekly Wednesday beach clean-ups and/or for sorting, collecting, and filling the bins with materials collected on May 31st and June 1st. Sign up to get notifications at: quadrabeachclean@gmail.com

All ocean debris will be recycled through the Ocean Legacy recycling depot in Cumberland. CSWM would like to thank its partners for their continued partnership. We look forward to many more years of keeping the Discovery Islands beaches clean.

IN PARTNERSHIP WITH



Questions? Call: 250-792-0026

The Danger of Apathy: Why We Must Stay Engaged in Democracy

This moment needs us all.

Watching ignorance, constitutional erosion, and hate spread through the US is deeply disturbing. Donald Trump's rhetoric and policies have fueled division, disinformation, and a dangerous erosion of democratic norms (threatening judges?). His reckless stance on climate change threatens the planet's habitability, and similar trends are emerging here in Canada.

Pierre Poilievre's rise in federal politics has sparked concerns about the spread of populist, divisive, and regressive ideas. If we want to stop this regression and build a better, safer, more inclusive world, we need more people to actively engage in democracy. The stakes are too high to sit on the sidelines.

The Cost of Cynicism

Frustration with the political system is understandable, but disengagement only strengthens those who thrive on division and apathy. Many of us aren't voting, and democracy asks so much more of us. This disengagement leaves the field wide open for bad actors—both foreign and domestic—who seek to undermine democracy and push harmful agendas.

The solution to apathy and the polycrisis, including climate change, is the same: inspiring policies, powered and guarded by masses of engaged citizens. We must take action to build a political culture rooted in mutual aid, solidarity, and care for others.

How to Make a Difference:

- **Mobilize across political divides:** Support organizations that rise above partisanship to push for collective solutions. Check out [Cooperate for Canada Common Horizon](#), or [Don't Get Played](#). Demand political coalitions and [electoral reform](#).
- **Get involved with a political party:** Join a party that aligns (enough) with your values and help shape its policies. Volunteer, support their efforts, and amplify their ambition on pro-social policies. Good people are working in every party—you won't be alone.
- **Support community-building policies:** Advocate for solutions to systemic issues like inequality, racism, and climate change. Back leaders who listen to diverse voices and work toward inclusive solutions.
- **Engage in conversations:** Talk to friends, family, and neighbours about the importance of organizing, voting, and staying informed. Share your concerns and hopes for the future, and encourage others to get involved.
- **Support candidates:** Don't let frustration with party leaders stop you from supporting local candidates who genuinely care and are real humans. Volunteer and donate to help them win.
- **Vote:** While voting is the least impactful action on this list, it's still essential. Your vote is your voice, and it's one of the tools we have to shape the future.

Building a Better World

The rise of dangerous politicians and ideologies is a wake-up call. Democracy is not a spectator sport—it's something we all have to fight for. By staying engaged, we can ensure the future is shaped by those who care about building a better, more inclusive world.

And here's the thing: we need to organize political power anyway to achieve the levels of ambition required for climate safety. It's a win-win.

In our riding, we have a real, sincere, caring candidate with a good chance of beating Poilievre's local dude. North Island-Qathet NDP candidate: [Tanille Johnston](#)

It's Not as Bad as It Looks

[Chris Hatch writes](#), "46% of Canadians say they're fearful of a Conservative government under Poilievre. Far fewer (35%) are hopeful. And 54% say the Conservatives have 'a hidden agenda they won't reveal until after they win the election.'"

While the polling looks bad, it's not hopeless. With hard work, enthusiasm, shared goals, and organization, we can stop this country from regressing and get much needed progress.

Join Your Neighbors

Members of the Cortes Climate Action Network team are working to inspire action in the lead-up to the federal election. Together, we can train, share the load, and fight for the better world we know is possible. Get in touch if you'd like to join us—we need all of us. Bring a friend.

Contact: cortesclimate@proton.me

P.S. A hot take on ambitious policies: [Instagram Reel](#)

Written by: Max T

ICAN IN ACTION:

CELEBRATING 5 YEARS OF COMMUNITY ACTION & THE PEOPLE BEHIND IT!

JOIN US FOR AN AFTERNOON OF FOOD, FUN, AND CELEBRATING THE AMAZING PEOPLE WHO MAKE ICAN POSSIBLE!

APPRECIATION LUNCHEON

SATURDAY, MARCH 1 | QUADRA COMMUNITY CENTRE
11:30AM - 2:30PM

EVERYONE IS INVITED!

WHAT TO EXPECT:

- A WARM HEARTY MEAL
- GAMES & PRIZES
- ICAN UPDATES: CELEBRATING 5 YEARS OF COMMUNITY ACTION
- PRESENTATION BY LUNABELLE LOISEAU-TREMBLAY, BSC BIOLOGY ON LOCAL PLANTS & POLLINATORS!

JOIN US AT 11:30AM FOR A GENERAL MEETING WITH THE PUBLIC LUNCHEON BEGINNING AT NOON

CURIOUS ABOUT ICAN? JOIN US FOR A MEAL, CONNECT, AND LEARN HOW WE'RE MAKING A DIFFERENCE TOGETHER!

QUESTIONS? CONTACT: QUADRAICANSOCIETY@GMAIL.COM

RSVP NOT REQUIRED, BUT APPRECIATED FOR FOOD PLANNING: → [BIT.LY/ICAN-RSVP](https://bit.ly/ican-rsvp)



Liquor Department Specials

February 12 - March 4, 2025

\$5
OFF



Gibson's Finest
Canadian
Whisky
750ml

\$31.99 plus deposit

\$3
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Absolut
Vodka
750ml

\$26.79 plus deposit

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blackfly vodka
crushed mixer
pack
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Shiraz,
Chardonnay
or Pinot Grigio
750ml

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\$5
OFF



Kokanee or
Coors Light
15 pack
15 x 355ml

\$27.89 plus deposit

HERIOT BAY AND QUATHIASKI
COVE LOCATION ONLY



CALL FOR SUBMISSIONS

The Birds Eye wants to hear from you!
Share your community stories, opinions,
upcoming events, and more.

Submit to quadrabirdseye@gmail.com by
Sunday evening.



John: 250.650.1959
Chelsea: 250.850.4836
jwreeservice1959@gmail.com

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MEAT

Island Farmhouse Split Chicken Wings

\$5.99
LB 13.21kg



Master Cut Burgers
1.36kg

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3lb bag

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EA



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B.C. Red Beets

\$1.29
LB 2.84kg



Peruvian Seedless Green Grapes

\$3.49
LB 7.69kg



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/100g
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/100g



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EA
assorted varieties



StoneFire Naan Bread
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EA
assorted varieties



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assorted varieties



Primo Pasta
454g

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assorted varieties



Tetley Tea
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\$3.99
EA
assorted varieties



Island Farms Chocolate Milk
750ml

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+dep
assorted varieties



Tim Horton's Soup
540ml

\$3.49
EA
assorted varieties



Coke, Sprite Canada Dry Mini Cans
6pack

\$4.49
EA +dep
assorted varieties



Krema Greek Style Yogurt

500g

\$4.49
EA
assorted varieties



Snowcrest Frozen Fruit
400-600g

\$4.99
EA
assorted varieties



Leclerc Celebration Cookies
240g

\$3.99
EA
assorted varieties



Old Dutch Dutch Crunch Chips
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\$3.99
EA
assorted varieties



Dempsters Signature Bread
600g

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